

Nashville Flex

increasing college attainment by supporting part-time students

PROGRAM DETAILS & STRENGTHS

Nashville Flex provides wrap-around services that remove financial barriers and provide academic, social and emotional support to Nashville State students residing in Davidson County as they persist and graduate from college.

Flex students are a assigned a dedicated success adviser who they meet with at least <u>twice monthly</u> to help navigate higher education and keep them on track.

To assist with non-tuition related expenses of going to college, students are provided:

- a loaner laptop,
- a stipend to assist with textbooks,
- \$150 per month in gift cards to help with expenses like gas or groceries.



of Flex students
persisted from the fall
of 2022 to the spring
of 2023, compared to
51% nationally for
part-time students



of Flex students
returned to campus
from the fall of 2022
to the fall of 2023,
compared to
55% nationally for
part-time students

Student Successes and Testimonies

- As confidence in their abilities grew, some Flex students chose to take a heavier course load their second semester, and a few even transitioned from part-time to full-time. This increased confidence in their academic abilities has shortened time to graduation and accelerates career growth for an oftenunderserved population of students.
- Flex students who attempt and complete 9 credit hours their first semester are likely to reach 18 completed credit hours faster than many of their full-time peers who pass 6 or fewer credits in their first semesters because they are overwhelmed, meaning Flex students are progressing toward graduation at a higher rate.

"A lot of places require you to work full-time to get any sort of benefits...but being a full-time student would be hard at the same time...! wanted to not just scrape by with the bare minimum...! kind of want to push it as much as I can without being full-time..."
-Part-time Flex student

"[It's] because of my kids. I'm a wife, I'm a mother, I'm a part-time worker. So I put all that into consideration... So because of that, I try to limit myself to nine credits units... I don't [want] anything to affect my GPA, I want to maintain it the way it is."
-Part-time Flex student